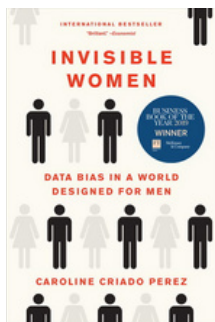


Books for Inspiration

As we celebrate Women's History Month and take steps to accelerate action, it's essential to equip ourselves with insights and tools that inspire meaningful change.

Curated for women and allies alike, this list highlights works from authors who challenge norms, address systemic barriers, and offer actionable strategies for growth. Whether you're looking to build confidence, drive equity, or lead with purpose, these books are packed with stories, research, and practical takeaways to spark new ideas and bold action.

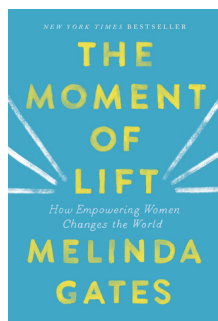


Invisible Women: Data Bias in a World Designed for Men by Caroline Criado Perez

An examination of how systemic gender data gaps disadvantage women in every aspect of life, from healthcare to infrastructure design.

Key Takeaways:

- Gender bias in data collection perpetuates inequality in healthcare, workplaces, and public spaces.
- A one-size-fits-all approach often defaults to male standards, leaving women's needs unaddressed.
- Advocating for inclusive data collection and representation is crucial for systemic change.

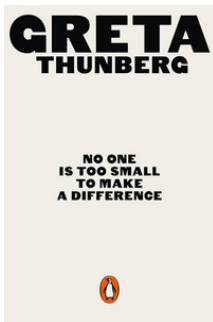


The Moment of Lift: How Empowering Women Change the World by Melinda Gates

Gates shares stories of how investing in women leads to transformative changes in communities and economies.

Key Takeaways:

- Access to education and healthcare for women directly correlates with societal progress.
- Women's empowerment requires dismantling cultural and systemic barriers.
- Small, consistent acts of advocacy can create large-scale impact over time.

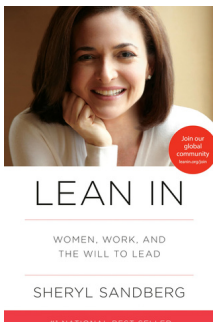


No One Is Too Small to Make a Difference by Greta Thunberg

A collection of speeches by Greta Thunberg that demonstrates the power of individual voices in driving global action.

Key Takeaways:

- Anyone, regardless of age or position, can inspire meaningful change.
- Courage and persistence are essential for advocating for justice and sustainability.
- Collective action amplifies the impact of individual efforts.



Lean In: Women, Work, and the Will to Lead by Sheryl Sandberg

Sandberg provides practical advice for women to take charge of their careers and challenge gender barriers in leadership.

Key Takeaways:

- Self-advocacy and mentorship are critical tools for advancing in the workplace.
- Women should "lean in" to opportunities, even when self-doubt arises.
- Workplace equity requires addressing systemic biases and creating supportive environments.

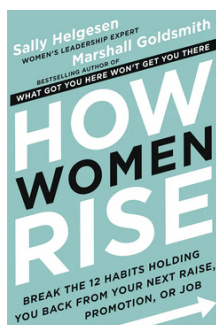


Own It: The Power of Women at Work by Sallie Krawcheck

A guide to embracing the strengths women bring to the workplace and using them to thrive professionally.

Key Takeaways:

- Leveraging traditionally feminine qualities like empathy can drive workplace success.
- Financial independence is a key pillar of empowerment.
- Building inclusive networks accelerates opportunities for women.



How Women Rise

by Sally Helgesen and Marshall Goldsmith

Lean In identifies habits that hold women back and offers strategies to break through those barriers.

Key Takeaways:

- Overvaluing expertise over visibility can hinder career growth.
- Building networks and learning to delegate are essential for advancement.
- Confidence and self-promotion are skills women can actively cultivate.



Nice Girls Don't Get the Corner Office

by Lois P. Frankel

A practical guide that highlights common workplace mistakes women make and how to correct them.

Key Takeaways:

- Assertiveness and strategic communication are critical for career progression.
- Seeking mentorship and advocating for oneself are essential career skills.
- Overcoming perfectionism helps women take risks and seize opportunities.



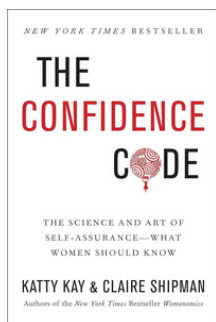
Playing Big

by Tara Mohr

Mohr provides strategies to help women overcome fear and self-doubt to achieve their goals.

Key Takeaways:

- Trusting your inner voice and intuition leads to authentic leadership.
- Unlearning perfectionism is vital to taking bold steps in life and work.
- Defining success on your terms fosters fulfillment and resilience.



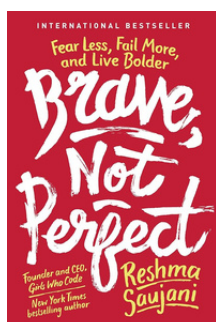
The Confidence Code

by Katty Kay and Claire Shipman

Explores the science behind confidence and how women can cultivate it for personal and professional success.

Key Takeaways:

- Confidence is developed through action, not perfection.
- Failing and learning from mistakes build resilience and self-assurance.
- Societal norms often inhibit women's confidence, but these can be challenged.



Brave, Not Perfect

by Reshma Saujani

Encourages women to embrace imperfection and take bold risks for personal growth.

Key Takeaways:

- Fear of failure often prevents women from reaching their full potential.
- Embracing bravery over perfection fosters innovation and confidence.
- Reframing failure as growth is a powerful mindset shift.



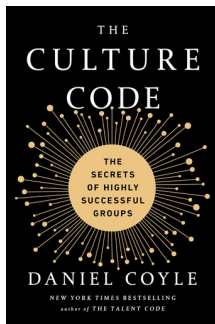
Girl, Stop Apologizing

by Rachel Hollis

A guide to overcoming societal expectations and unapologetically pursuing personal and professional goals.

Key Takeaways:

- Stop seeking external validation to achieve personal fulfillment.
- Setting clear goals and boundaries is key to success.
- Owning your ambitions unapologetically inspires others to do the same.

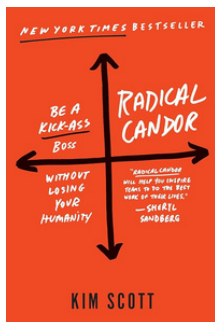


The Culture Code by Daniel Coyle

Analyzes how successful teams build trust, connection, and shared purpose.

Key Takeaways:

- Psychological safety is essential for team cohesion and innovation.
- Vulnerability fosters deeper trust and collaboration among team members.
- Clear communication of purpose aligns individual efforts with collective goals.



Radical Candor by Kim Scott

Provides tools for building workplace relationships through honest, compassionate feedback.

Key Takeaways:

- Radical candor combines caring personally with challenging directly.
- Honest feedback strengthens trust and performance within teams.
- Avoiding feedback harms both individual growth and team dynamics.



Leaders Eat Last by Simon Sinek

Explores the importance of servant leadership and building trust within organizations.

Key Takeaways:

- Leaders must prioritize the well-being of their teams to foster loyalty.
- Trust and empathy are foundational to long-term organizational success.
- A sense of purpose motivates individuals to perform their best.



Ready to Transform Your Team?

Let's make your team feel inspired, empowered, and ready to take action. By booking Tania, you're bringing a dynamic voice who will inspire your audience to own their difference.

Whether it's a keynote, workshop, or panel, Tania will customize an unforgettable experience that connects with your team on a deeper level. To learn more, visit desagloballeadership.com or connect with Tania at tania@desagloballeadership.com.

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